Note: If lifetime Parasuicide / Suicide Attempt Count Interview is administered, do not include questions 12a - 12k in this questionnaire.
INSTRUCTIONS: Please answer every item with the number that applies to you. Please put only ONE number per space. DO NOT leave any empty spaces. If you have any questions, please ask.

1. _____ Have you thought about or attempted to kill yourself in your lifetime?
   0 = No
   1 = It was just a passing thought.
   2 = I briefly considered it, but not seriously.
   3 = I thought about it and was somewhat serious.
   4 = I had a plan for killing myself which I thought would work and seriously considered it.
   5 = I attempted to kill myself, but I do not think I really meant to die.
   6 = I attempted to kill myself, and I think I really hoped to die.

How often have you thought about killing yourself...

0 = Not at all 1 = Rarely 2 = Sometimes 3 = Often 4 = Very often

2. _____ in your lifetime? (If 0, go to questions #7-11)
3. _____ in the last year? (If 0, go to questions #7-11)
4. _____ within the last 4 months? (If 0, go to questions #7-11)
5. _____ within the last month? (If 0, go to questions #7-11)
6. _____ in the last several days, including today?

Have you ever told someone that you were going to commit suicide, or that you might do it ...

0 = No 1 = Yes, during one short period of time.
                             2 = Yes, during more than one period of time.

7. _____ in your lifetime? (If 0, go to questions #12)
8. _____ in the last year? (If 0, go to questions #12)
9. _____ within the last 4 months? (If 0, go to questions #12)
10. _____ within the last month? (If 0, go to questions #12)
11. _____ in the last several days, including today?

12. In the past year, have you attempted suicide or intentionally harmed or injured yourself?

0 = No ( If “No,” go to question #13.) 1 = Yes (If “Yes,” go to questions #12a-12k.)
Think back over the past year and try to remember what has happened.

In the last year, how many times have you attempted suicide or intentionally harmed or injured yourself? Listed below are several methods which you may have used to attempt suicide or intentionally harm yourself. Please write in the number of times you used each method and whether or not you intended to die at that time while using that method.

For example, if you cut yourself once in the last year with the intent to die, place a “1” in the “Intent to die” column on cutting yourself, if you weren’t sure about dying, place a “1” in the “Ambivalent/Not sure” column, and if you didn’t intend to die, place a “1” in the “No intent to die” column. Or, for example, if you burned yourself twice on purpose in the last year with no intent to die both times, place a “2” in the “No intent to die” column. If you didn’t use a method, please place a check in the “Didn’t do this” column.

<table>
<thead>
<tr>
<th>METHOD</th>
<th>NUMBER OF TIMES WITH INTENT TO DIE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Didn’t do this</td>
</tr>
<tr>
<td>12 a.</td>
<td>cut yourself on purpose?</td>
</tr>
<tr>
<td>12 b.</td>
<td>intentionally overdosed on drugs?</td>
</tr>
<tr>
<td>12 c.</td>
<td>burned yourself on purpose?</td>
</tr>
<tr>
<td>12 d.</td>
<td>attempted to strangle or hang yourself?</td>
</tr>
<tr>
<td>12 e.</td>
<td>jumped from a high place to cause self injury?</td>
</tr>
<tr>
<td>12 f.</td>
<td>shot yourself with a gun?</td>
</tr>
<tr>
<td>12 g.</td>
<td>swallowed poisons/caustic substances on purpose?</td>
</tr>
<tr>
<td>12 h.</td>
<td>asphyxiated/smothered yourself?</td>
</tr>
<tr>
<td>12 i.</td>
<td>tried to drown yourself?</td>
</tr>
<tr>
<td>12 j.</td>
<td>stabbed/punctured yourself on purpose?</td>
</tr>
<tr>
<td>12 k.</td>
<td>other (describe): ________________</td>
</tr>
</tbody>
</table>
What chance is there that you will consider the possibility, no matter how remote, of killing yourself ...

0 1 2 3 4
No chance at all Some chance Very likely

13. _____ in your lifetime? (If 0, go to questions #18-22).
14. _____ within the next year? (If 0, go to questions #18-22).
15. _____ within the next 4 months? (If 0, go to questions #18-22).
16. _____ within the next month? (If 0, go to questions #18-22).
17. _____ today or in the next several days?

How likely is it that you will attempt suicide ...

0 1 2 3 4
No chance at all Some chance Very likely

18. _____ in your lifetime? (If 0, go to questions #23-27).
19. _____ within the next year? (If 0, go to questions #23-27).
20. _____ within the next 4 months? (If 0, go to questions #23-27).
21. _____ within the next month? (If 0, go to questions #23-27).
22. _____ today or in the next several days?

If you did attempt suicide, for any reason, how likely is it that you would die as a result ...

0 1 2 3 4
No chance at all Some chance Very likely

23. _____ in your lifetime? (If 0, go to question #28).
24. _____ within the next year? (If 0, go to question #28).
25. _____ within the next 4 months? (If 0, go to question #28).
26. _____ within the next month? (If 0, go to question #28).
27. _____ today or in the next several days?

28. Do you currently have a plan for how you would go about killing yourself, if you decided to do it?

0 = No 1 = Yes, a vague plan 2 = Yes, a definite plan

Describe:  

______________________________________________________________________ 
______________________________________________________________________ 
______________________________________________________________________
29. Sometimes people who decide to kill themselves want to do it but can't find a way to actually carry through with their plan because the means are not available to them. If you decided to kill yourself at this point in your life, would the means for carrying out such an action be available to you?

   0 = No  
   1 = Yes, possibly  
   2 = Yes, definitely

30. If you decided to kill yourself at this point in your life, is there someone in your environment who would want to stop you?

   0 = No  
   1 = Yes, to a small degree  
   2 = Yes, very much so

31. Some individuals say they cannot even imagine or conceive of the idea of attempting or committing suicide. For these people, suicidal behavior is as alien as the thought of becoming a tree or lifting the Empire State Building. Other people, even though they might never actually consider the idea, can at least imagine the idea of attempting or considering suicide. Which group of people do you belong to?

   0 = Group who definitely can't imagine  
   1 = Group who can somewhat imagine  
   2 = Group who can definitely imagine

32. Would any of your problems be solved if you committed suicide?

   0  
   1  
   2  
   3  
   4

   No, definitely not  
   Maybe  
   Yes, definitely

33. Thinking about the way your life is today, that is, given the good things in your life now and any problems you might be having, IF you knew the QUALITY of your life would never change, that is, it would never get better or worse, do you feel that suicide would be a good way out?

   0  
   1  
   2  
   3  
   4

   No, definitely not  
   Maybe  
   Yes, definitely

34. If the QUALITY of your life were to get worse (very bad), do you feel that attempting suicide would solve any of your problems?

   0  
   1  
   2  
   3  
   4

   No, definitely not  
   Maybe  
   Yes, definitely
Questions 35 to 90 are concerned with consequences on you if, in the future, you ever INTENTIONALLY INJURE YOURSELF OR ATTEMPT SUICIDE (but do not die). On each scale below, indicate what effect INTENTIONALLY INJURING YOURSELF OR ATTEMPTING SUICIDE would have on you. How would you feel afterwards?

For example, on the “happy-sad” question, you would place a check on the line close to “happy” if injuring yourself or attempting suicide would make you happier, by “sad” if would make you sadder, or in the middle if it would have neither effect.

35. happy _____ _____ _____ _____ _____ sad
36. tense _____ _____ _____ _____ _____ relaxed
37. superior _____ _____ _____ _____ _____ inferior
38. active _____ _____ _____ _____ _____ passive
39. loud _____ _____ _____ _____ _____ quiet
40. alert _____ _____ _____ _____ _____ dull
41. inhibited _____ _____ _____ _____ _____ uninhibited
42. afraid _____ _____ _____ _____ _____ unafraid
43. depressed _____ _____ _____ _____ _____ elated
44. peaceful _____ _____ _____ _____ _____ restless
45. daring _____ _____ _____ _____ _____ cautious
46. efficient _____ _____ _____ _____ _____ inefficient
47. sleepy _____ _____ _____ _____ _____ wide awake
48. patient _____ _____ _____ _____ _____ impatient
49. clumsy _____ _____ _____ _____ _____ coordinated
50. excited _____ _____ _____ _____ _____ calm
51. secure _____ _____ _____ _____ _____ insecure
52. weak _____ _____ _____ _____ _____ strong
53. dominant _____ _____ _____ _____ _____ submissive
54. discreet _____ _____ _____ _____ _____ indiscreet
55. bored _____ _____ _____ _____ _____ interested
56. polite _____ _____ _____ _____ _____ rude

CONTINUES ⇒
57. talkative _____ _____ _____ _____ _____ reticent
58. self-critical _____ _____ _____ _____ _____ self-accepting
59. careful _____ _____ _____ _____ _____ careless
60. quick responses _____ _____ _____ _____ _____ slow responses
61. obedient _____ _____ _____ _____ _____ defiant
62. outgoing _____ _____ _____ _____ _____ reserved
63. good concentration _____ _____ _____ _____ _____ poor concentration
64. aggressive _____ _____ _____ _____ _____ unaggressive
65. frustrated _____ _____ _____ _____ _____ satisfied
66. responsible _____ _____ _____ _____ _____ irresponsible
67. emotional _____ _____ _____ _____ _____ unemotional
68. more sexual _____ _____ _____ _____ _____ less sexual
69. more humorous _____ _____ _____ _____ _____ less humorous
70. self-conscious _____ _____ _____ _____ _____ unself-conscious
71. concerned about the outcome of a task _____ _____ _____ _____ _____ not concerned about the outcome of a task
72. ashamed _____ _____ _____ _____ _____ proud
73. manipulative _____ _____ _____ _____ _____ non-manipulative
74. crazy _____ _____ _____ _____ _____ sane
75. closer to people _____ _____ _____ _____ _____ more distant from people
76. sensitive _____ _____ _____ _____ _____ numb
77. good _____ _____ _____ _____ _____ bad
78. hard _____ _____ _____ _____ _____ soft
79. hot _____ _____ _____ _____ _____ cold
80. wise _____ _____ _____ _____ _____ foolish

CONTINUES ⇒
<table>
<thead>
<tr>
<th>No.</th>
<th>Adjective</th>
<th>Options</th>
</tr>
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<tbody>
<tr>
<td>81</td>
<td>kind</td>
<td>cruel</td>
</tr>
<tr>
<td>82</td>
<td>complex</td>
<td>simple</td>
</tr>
<tr>
<td>83</td>
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<td>84</td>
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<tr>
<td>85</td>
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<tr>
<td>86</td>
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