



WASHINGTON  
BEHAVIORAL MEDICINE  
ASSOCIATES, LLC

THE SOAR PROGRAM  
FOR PSYCHOTHERAPY & TESTING

5480 Wisconsin Ave, Suite 223\*Chevy Chase, MD 20815\*wbma.cc\*301.576.6044

**Are you looking to grow your skills as a therapist and/or testing psychologist?**

**Are you interested in learning to provide neurodiversity affirmative and strengths-based care?**

**Are you excited to work as part of a collaborative team of psychiatrists, psychologists, expressive art therapists, psychotherapists, neuroscientists, and life coaches that provides compassionate, patient-centered, individualized, and whole-person care?**

**Are you oriented towards supporting patients from diverse backgrounds?**

***If so, the SOAR Program for Psychotherapy & Testing at WBMA, LLC is interested in hearing from you!***

We accept graduate externs and interns on a rolling basis. We are a private group practice located in Chevy Chase, MD. Hours are flexible. In-person, virtual, and hybrid options are available. We provide opportunities to work with patients of all ages. Our team offers individual therapy, group therapy, and parent coaching. Externs and interns may also have the opportunity to participate in supporting neuromodulation (e.g., TMS, Neurofeedback, and VR therapy). We do not provide stipends for our students, but we do provide: a parking pass and gym/pool access; access to our EMR, GSuite, and Zoom accounts; free supervision; and opportunities for training.

Our team provides both individual and group supervision for therapy and testing. Dr. Jaclyn Halpern, SOAR's primary supervisor, takes a relational, attachment-based approach to therapy, integrating aspects of psychodynamic, ACT, CBT, Mindfulness, Self-Compassion, expressive therapies, and play therapy. Therapy is affirmative, strengths based, and trauma-informed, and gentle parenting practices are integrated into care for children and adolescents. We offer an extensive testing library with neuropsychological and psychological measures for cognitive, academic, social-emotional, and comprehensive evaluations. Testing is also carefully trained and supervised by Dr. Jaclyn Halpern. Reports are affirmative, evidence based, and strengths based, and are designed to ensure 'real world' support for patients and families.

We believe in providing empathic, personalized science-based treatments and supports. Our providers seek to accurately identify strengths, vulnerabilities, neurodiversity, and diagnoses. Our supports and treatments rely upon a thorough understanding of each individual's medical and developmental history and identified needs. They may include the integration of medication, neuromodulation (TMS, eTNS, tDCS, and others), comprehensive psychological testing, a range of supportive psychotherapies, expressive arts therapies, coaching, psychiatric genetics and pharmacogenetics, personal and family-based care, diet and supplements, and adequate sleep and reasonable exercise. Treatment and support plans are based on each individual's needs.

Our practice is unique in its integration of traditional psychiatry and psychology, genetics, neuroscience, and holistic, whole-person approaches to care. We collaborate as a team to support each patient and family. We help patients achieve their treatment goals through our collaborative wellness model. Our patient population is diverse, we are neurodiversity affirmative, and we are inclusive and welcoming to all. We know reaching out is not easy, and we are dedicated to creating the most helpful path towards wellness for each and every person and family.

To learn more about us, please visit: <https://wbma.cc>

To apply, please email Dr. Jaclyn Halpern with your CV, Cover Letter, and any references you might have: [jhalpern@wbma.cc](mailto:jhalpern@wbma.cc)